



# DIRECTORY OF CONSULTANTS 2020

BMI Woodlands Hospital

Inspected and rated

**Good**





## BMI Woodlands Hospital is part of BMI Healthcare, the UK's largest provider of independent healthcare\*



At BMI Healthcare, we have over 54 hospitals and healthcare facilities nationwide. Throughout these locations, we treat nearly 300,000 patients and manage over one and a half million outpatient visits every year, offering a wealth of experience, highly complex surgery, a patient-centred approach and access to some highly specialised consultants. BMI Woodlands Hospital also has access to some of the latest technology and equipment, including:

- Mako® Robotic Assisted Surgery
- Imaging department (MRI, Ultrasound, X-Ray and CT)
- Physiotherapy Department and Gymnasium
- 22 En-suite bedrooms
- 10 Consulting rooms
- 2 Operating theatres with laminar flow
- Endoscopy suite with minor theatre
- On-site pharmacy
- Ambulatory care theatre

BMI Healthcare is proud of its consistently low hospital infection rates for MRSA, bacteraemia and Clostridium difficile. This is achieved by a carefully planned regime of rigorous infection prevention policies, surveillance, training and exceptionally high standards of cleaning.

\*Based on the number of hospitals/treatment centres within the UK - September 2019. \*\*\*'Expectations Met' figures are based on the responses of a sample of 381 patients over the period October 2018 - September 2019. \*\*\*\* Overall quality of care score is based on patients giving a rating of 'very good' or 'excellent' of a sample of 870 completing a questionnaire over the period October 2018 - September 2019. \*\*\*\*\*Satisfaction figures are based on patients giving a rating of 'very good' or 'excellent' of a sample of 374 completing a questionnaire over the period October 2018 - September 2019. \*\*\*\*\*Friends and Family recommendation figures are based on 874 patients saying that they are 'extremely likely / likely' to recommend the hospital to friends and family over the period October 2018 - September 2019. Questionnaires analysed by Quality Health, who are an independent survey provider

Expectations  
**97.1%**  
met or exceeded\*\*

Overall quality  
**97.8%**  
of care  
satisfaction\*\*\*

Nursing care  
**94.7%**  
satisfaction\*\*\*\*

98.1% of our patients say that they would recommend the hospital to friends and family\*\*\*\*\*



## Spread the cost of your treatment

BMI Healthcare offers two flexible finance options, making paying for treatment more affordable than you might think.

- Spread the cost over 12 months, interest free with BMI Card\*
- Fixed monthly repayments provided through Chrysalis Finance\*

To find out more visit  
[bmihealthcare.co.uk/paying-for-treatment](https://bmihealthcare.co.uk/paying-for-treatment)

\*Terms and Conditions apply.

BREAST SURGERY		
Mr I Cheema	Breast surgery, general gastroenterology, diagnostic GI endoscopy	South Tees Hospitals
Mr W Elsaify	Breast surgery, Breast lump, Breast cancer, Fibroadenoma, Gynaecomastia, Thyroidectomy (for Goitre), Thyroidectomy (for Nodule), Total Thyroidectomy, Parathyroidectomy, Hernia repair, Laparoscopic and open, Cholecystectomy, Minimal invasive surgery	South Tees Hospitals
Mr Y Jain	general surgical procedures, lumps and bumps, hernia repair (inc. laparoscopic, Femoral, incisional), colorectal procedures, Breast aesthetics, breast diseases including Breast pain, breast surgery, breast reconstruction/reduction/augmentation.	North Tees And Hartlepool
CARDIOLOGY		
Professor J Ahmed	General Cardiology, Coronary Angioplasty and stenting, Hypertension, Hyperlipidemia, Heart Failure, Heart Valve disease, Cardiomyopathy, CT Coronary Angiography, Cardiac MRI	The Newcastle Upon Tyne Hospitals Foundation
COLORECTAL SURGERY		
Mr K Gunning	General surgery, colorectal surgery	South Tees Hospitals
Mr M Jha	Colorectal Surgery	South Tees Hospitals
Mr V Shanmugam	General surgery - colorectal. Private only - no NHS	North Tees And Hartlepool
DERMATOLOGY		
Miss V Davies	Skin Camouflage Specialist. Treatment is suitable for men women. Burns including chemical and firework injuries. Scars including grafts and self-harm injuries. Skin pigmentation and sun exposure.	Private
Dr D Seukeran	Laser dermatology	South Tees Hospitals
DIABETIC MEDICINE		
Dr A Stewart	Type 1 and Type 2 Diabetes, Gestational Diabetes, Thyroid disease including hormone dysfunction, thyroid nodules and Goitre, Pituitary disease, Polycystic Ovary Syndrome, Hyperlipidaemia, Internal Medicine, Medical management of obesity	Private
EAR NOSE & THROAT (ENT)		
Mr N Kara	General ENT conditions, Nasal blockage, deformity and sinus disease, Tonsillectomy (adults and children), Hearing loss (adults and children), Snoring and sleep disturbance, Allergy, Voice problems and throat disorders	County Durham And Darlington Foundation
Mr V Shanker	Rhinology, Cholesteatoma surgery, Endoscopic sinus surgery, Grommet insertion, Myringoplasty, Septoplasty and submucous resection, Septorhinoplasty with graft or implant, Sleep studies snoring clinic, Thyroidectomy for Goitre, Thyroidectomy for Nodul	County Durham And Darlington Foundation
Miss H Wallace	Management of chronic ear problems (chronic ear infection, hearing loss, balance disorders) and paediatric ENT problems	County Durham And Darlington Foundation
ENDOCRINOLOGY		
Dr A Stewart	Type 1 and Type 2 Diabetes, Gestational Diabetes, Thyroid disease including hormone dysfunction, thyroid nodules and Goitre, Pituitary disease, Polycystic Ovary Syndrome, Hyperlipidaemia, Internal Medicine, Medical management of obesity	Private





## General Surgery

Our General Surgeons treat an extensive range of conditions including hernias, haemorrhoids and gall stones.

Your patients can use their private medical insurance or can choose to pay for their own treatment. They can even spread the cost interest-free\*.

To refer your patient call

**0808 101 0336**

\*Terms and conditions apply. For more information please visit [www.bmihealthcare.co.uk/paying-for-treatment](http://www.bmihealthcare.co.uk/paying-for-treatment)

FERTILITY		
Mr E Damigos	Minimal access surgery, Office gynaecology, Oncology, Colposcopy, fertility	County Durham And Darlington Foundation
Mr J Oghoetuoma	Menstrual disorders and Fertility treatment	County Durham And Darlington Foundation
GP		
Dr A Butts	General Practitioner	Private
GENERAL SURGERY		
Mr I Cheema	Breast surgery, general gastroenterology, diagnostic GI endoscopy	South Tees Hospitals
Mr M Clarke	General surgery. Colorectal surgery. Laparoscopic surgery. Laparoscopic colorectal surgery	South Tees Hospitals
Mr N Corner	Vascular Surgery, thread veins & varicose veins, vein wave clinic (Thu Eve). Breast Surgery	County Durham And Darlington Foundation
Mr P Davis	Upper gastrointestinal surgery	South Tees Hospitals
Mr W Elsaify	Breast surgery, Breast lump, Breast cancer, Fibroadenoma, Gynaecomastia, Thyroidectomy (for Goitre), Thyroidectomy (for Nodule), Total Thyroidectomy, Parathyroidectomy, Hernia repair, Laparoscopic and open, Cholecystectomy, Minimal invasive surgery	South Tees Hospitals
Mr K Gunning	General surgery, colorectal surgery	South Tees Hospitals
Mr Y Jain	general surgical procedures, lumps and bumps, hernia repair (inc. laparoscopic, Femoral, incisional), colorectal procedures, Breast aesthetics, breast diseases including Breast pain, breast surgery, breast reconstruction/reduction/augmentation.	North Tees And Hartlepool
Mr M Jha	Colorectal Surgery	South Tees Hospitals
Mr V Shanmugam	General surgery - colorectal. Private only - no NHS	North Tees And Hartlepool
Mr G Tervit	Varicose vein surgery, sclerotherapy, spider vein treatment, radiofrequency ablation of veins, thyroid disease, thyroid surgery, hernia repair, laparoscopic hernia repair, laparoscopic cholecystectomy, claudication, aneurysms, vascular	County Durham And Darlington Foundation
Professor Y Viswanath	General gastroenterology (Upper GI), reflux and hiatus Hernia, all abdominal wall hernia and incisional hernia, endoscopy, laparoscopic (keyhole surgery), sportsman/gilmores' groin, gall stones - laparoscopic cholecystectomy.	South Tees Hospitals
GYNAECOLOGY		
Mr P Ballard	General gynaecology, period problems, menopausal problems, urogynaecology, pelvic floor and vaginal reconstructive surgery	South Tees Hospitals
Mr R Beukenholdt	General gynaecology	County Durham And Darlington Foundation
Mr E Damigos	Minimal access surgery, Office gynaecology, Oncology, Colposcopy, fertility	County Durham And Darlington Foundation
Miss P Khatri	Laparoscopy, Hysteroscopy, Endometriosis, Chronic Pelvic Pain, Heavy Menstrual Bleeding	South Tees Hospitals
Mr A Khunda	Urogynaecology	South Tees Hospitals
Mr J Oghoetuoma	Menstrual disorders and Fertility treatment	County Durham And Darlington Foundation

GYNAECOLOGY		
Miss P Pathi	Gynaecology, obstetrics, women's health	County Durham And Darlington Foundation
Mr G Phillips	Minimal Access Surgery	South Tees Hospitals
HEALTH SCREENING		
Dr A Butts	General Practitioner	Private
MEDICO LEGAL		
Mr M Dang	Glaucoma	Private
OPHTHALMOLOGY		
Mr P Chakraborty	Ocular plastic surgery	County Durham And Darlington Foundation
Mr R Dubbaka	General Ophthalmology, Surgical retina, Medical Retina, Age related Macular degeneration, Diabetic retinopathy, Cataract surgery	County Durham And Darlington Foundation
Mr R Stirling	Phacoemulsification cataract surgery, multifocal lens implants, astigmatism correcting implants, refractive lens exchange, Corneal surgery, glaucoma.	County Durham And Darlington Foundation
Mr S Thomas	Vitreoretinal, laser surgery, cataract surgery	County Durham And Darlington Foundation



## Orthopaedics

The level of expertise and technologies provided at BMI Woodlands makes the hospital a centre of excellence and innovation within the field of Orthopaedics. Technologies such as robotic-arm assisted hip and knee replacement and bespoke knee implants can offer your patients a personalised surgical treatment plan.

Our Orthopaedic service specialises in a range of conditions in the following areas:

- Shoulder
- Elbow
- Hand and wrist
- Spine
- Hip
- Knee
- Foot and ankle

For more information call

**01325 341784**



ORTHOPAEDIC		
Mr A Adedapo	Foot & Ankle Surgery	South Tees Hospitals
Mr L Ajekigbe	Hand surgery: Elective & Trauma; Dupuytren's disease; nerve problems including carpal tunnel and ulnar nerve syndrome, lumps & bumps; osteo/ rheumatoid arthritis; trigger digits; De Quervain's; fracture & dislocations	North Tees And Hartlepool
Mr M Al-Maiyah	Foot and ankle. Limb reconstruction.	South Tees Hospitals
Mr P Baker	Degenerative hip and knee conditions, hip and knee replacement surgery, primary and revision hip and knee replacements, arthroscopic surgery to the knee	South Tees Hospitals
Mr M Bawarish	Hip and knee surgery, foot surgery	County Durham And Darlington Foundation
Mr C Coapes	Hand and wrist surgery, including peripheral nerve entrapment, arthritis in the hand and wrist, joint replacement, traumatic conditions.	South Tees Hospitals
Mr R Jeavons	Upper limb - shoulders and elbow surgery	North Tees And Hartlepool
Mr R Limaye	Foot and Ankle surgery, Knee surgery, Forefoot reconstruction, Big toe joint replacement, Ankle sports injury surgery, Flatfoot surgery, Hindfoot surgery, Ankle replacement and osteotomy	North Tees And Hartlepool
Mr R Liow	Shoulder and elbow surgery	North Tees And Hartlepool
Mr R Logishetty	Lower limb joint replacement, primary and revision hip and Knee arthroplasty, follow up and revision of metal on metal hip replacements, unicompartmental knee replacement and arthroscopic knee surgery for degenerative meniscal tears.	North Tees And Hartlepool
Mr J Loughhead	Mako robotic arm assisted hip and knee surgery, Knee arthroscopy and partial knee replacement, Young adult hip pathology, Hip arthroscopy	Gateshead Health Foundation
Mr A Middleton	Hand Surgery	North Tees And Hartlepool
Mr S Miranda	Hand and wrist surgery. Elbow surgery.	South Tees Hospitals
Mr P Parker	ACL Reconstruction Surgery, Ankle Instability, Ankle Pain, Bunion Surgery, Foot surgery for toe problems, Knee Arthroscopy, Knee Replacement Surgery, Sport and exercise medicine	University Hospital Birmingham Foundation
Mr A Port	ACL Reconstruction Surgery, Hip Replacement Surgery, Hip Revision, Knee Arthroscopy, Knee Replacement Surgery, Mako robotic arm assisted hip and knee surgery, Revision Knee Replacement, Total hip replacement by computer assisted navigation	South Tees Hospitals
Mr M Stewart	Upper Limb, Shoulder, Hand & Wrist	South Tees Hospitals
Mr J Sudhakar	ACL Reconstruction Surgery, Hip Replacement Surgery, Knee Arthroscopy, Knee Replacement Surgery, Mako Robotic Arm assisted Hip and Knee surgery	County Durham And Darlington Foundation
Mr S Thomas	Hip & Knee surgery & replacement	County Durham And Darlington Foundation
Mr L Van Niekerk	Lower limb surgery, sports injury, soft tissue repair, anterior cruciate ligament reconstruction	South Tees Hospitals
Mr L Van Vuuren	General orthopaedics.	Private
Mr J Webb	Hip Replacement Surgery, Hip Resurfacing and Revision, Knee Arthroscopy and knee Replacement, Mako robotic arm assisted hip and knee surgery, Partial and revision Knee Replacement Surgery, computer assisted navigation, Forefoot surgery, Trauma	South Tees Hospitals
Mr C White	Mako Robotic Arm assisted hip & knee surgery. Hip surgery. Hip arthroscopy and pre-arthritis hip conditions. Sports injuries, Hip and knee surgery, replacement and arthroscopy. Hip dysplasia, pelvic surgery. Young adult hip problems, Trauma	South Tees Hospitals



## Men's Health

Whether your patients are worried about prostate problems, bladder issues, erectile dysfunction or more, our team of specialists are here to help with any concerns.

Your patients can use their private medical insurance or can choose to pay for their own treatment. They can even spread the cost interest-free\*.

To refer your patient call

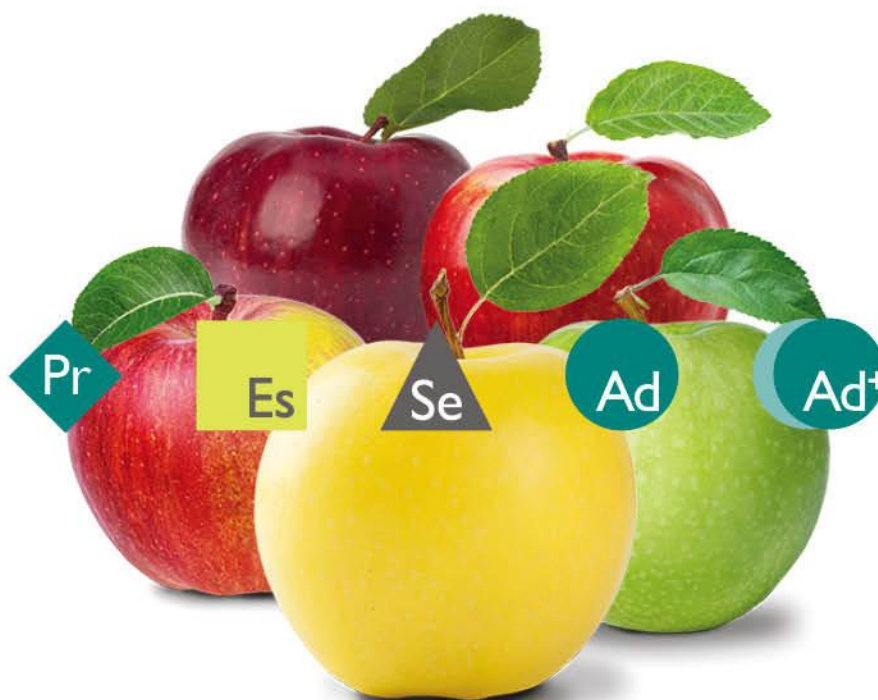
**0808 101 0336**

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PAIN MANAGEMENT		
Dr A Gulve	Interventional Pain Management	South Tees Hospitals
PHYSIOTHERAPY		
Mr A Wilson		Private
PLASTIC SURGERY		
Mr P Baguley	General cosmetic surgery, plastic and reconstructive surgery. Breast surgery. Hand surgery. Skin cancer surgery specialising in melanoma	Private
Mr R Chalmers	Head & Neck specialist Plastic Surgeon Head and Neck Aesthetic and Reconstructive surgery. management of facial palsy in both restoration of smile, cosmetic plastic surgery, breast, abdomen, hand surgery, Skin Cancer, Botox, non-surgical rhinoplasty	County Durham And Darlington Foundation
Mr T Collin	All aspects of plastic, reconstructive and cosmetic surgery. Sub specialist interests in breast reconstruction, augmentation and reduction. Trained to diagnose and treat major and minor skin lesions.	County Durham And Darlington Foundation
Mr J Kim	Aesthetic surgery, skin cancer	County Durham And Darlington Foundation
Mr P Sugden	Breast surgery, skin malignancies and general reconstruction. Hand surgery (paediatric and adult)	County Durham And Darlington Foundation
RHEUMATOLOGY		
Dr M Bridges	General Rheumatology	County Durham And Darlington Foundation
SPINAL SURGERY		
Mr D Fagan	Spinal surgery, minimal access surgery, adult reconstruction including lumbar spinal fusion, cervical surgery, cervical disc replacement, balloon kyphoplasty for vertebral fractures, injection treatment	Private
Mr R Kalyan	Spinal Surgery Disc Prolapse, Spinal Stenosis & Degenerative spine. Back Pain & Sciatica. Spinal Claudication. Spinal Injections. Minimally invasive Decompression & Fusion. Lumbar & Thoracic Spine Pathologies	South Tees Hospitals
UPPER GASTROINTESTINAL SURGERY		
Mr P Davis	Upper gastrointestinal surgery	South Tees Hospitals
Professor Y Viswanath	General gastroenterology (Upper GI), reflux and hiatus Hernia, all abdominal wall hernia and incisional hernia, endoscopy, laparoscopic (keyhole surgery), sportsman/gilmores' groin, gall stones - laparoscopic cholecystectomy.	South Tees Hospitals
UROLOGY		
Mr S Fulford	Full range of general urology problems in men and women. Particular special interests include: Vasectomy Reversal, bladder symptoms and incontinence, UTIs and neurological conditions including MS and spinal cord injury	County Durham And Darlington Foundation
Mr B Gowardhan	General urology, laparoscopic renal surgery	County Durham And Darlington Foundation
Mr B Gowda	Renal / Ureteric Stones. Renal Tumours. Benign and malignant conditions of ureter and kidneys. Laser prostatectomy. General Urology	South Tees Hospitals
Mr B Jenkins	General Urology, microscopic vasectomy removal, urinary stones, voiding problems, prostate cancer, bladder cancer, renal cancer, testicular cancer, erectile failure	City Hospitals Sunderland Foundation
Mr A Sakthivel	Lithotripsy, percutaneous and Ureterorenoscopic surgery. Surgical Treatment for BPH - Holmium Laser Enucleation of Prostate, Open and Laparoscopic Upper Tract Procedures and General Urology	South Tees Hospitals



VASCULAR SURGERY		
Mr N Corner	Vascular Surgery, thread veins & varicose veins, vein wave clinic (Thu Eve). Breast Surgery	County Durham And Darlington Foundation
Mr G Tervit	Varicose vein surgery, sclerotherapy, spider vein treatment, radiofrequency ablation of veins, thyroid disease, thyroid surgery, hernia repair, laparoscopic hernia repair, laparoscopic cholecystectomy, claudication, aneurysms, vascular	County Durham And Darlington Foundation
Mr P Wong	Abdominal aortic aneurysm, Carotid artery disease, Peripheral arterial disease, Varicose veins (Foam sclerotherapy, Radiofrequency ablation and open surgery)	South Tees Hospitals



**Es**

#### Essential

The Essential Assessment focuses on wellbeing, and gives you a heart health risk assessment and lifestyle advice from a specially trained nurse.

#### Length of assessment

Up to 1 hour with a nurse.

**Se**

#### Select

Our Select Assessment is designed to assess general health with particular reference to your cholesterol and blood sugar control while focusing on areas of particular concern to each gender.

#### Length of assessment

Up to 1 hour including nurse and doctor consultations.

**Ad**

#### Advanced

BMI's most popular assessment, it covers the major health risks for both men and women, and includes heart, lungs, vision, a full set of blood tests, in addition to dietary and lifestyle advice and a physical examination.

#### Length of assessment

Up to 2 hours including nurse and doctor consultations.

## Have you had your annual health assessment?

Health Assessments are now available at  
BMI Woodlands Hospital

To find out more or to book an appointment call

**0800 004 600**

[www.bmihealthcare.co.uk/woodlands](http://www.bmihealthcare.co.uk/woodlands)



## SUPPORT IS ONE CALL AWAY

The Referral Hotline is a dedicated service for GPs and healthcare professionals to refer their patients to a BMI Healthcare hospital. We offer three routes for referral including a freephone number, secure email address and fax number.

Our Hotline advisers are trained to receive dictation from you and issue a referral letter on behalf of your practice. We'll even contact your patient within one hour of the referral being received to arrange a suitable date and time for an appointment with the chosen consultant.

### EASY ONE STEP REFERRALS TO BMI HEALTHCARE HOSPITALS

Provide your  
patient with a printed  
referral letter

or

Call our Referral Hotline\*

**0808 101 0336**

Mon - Fri 8am - 7pm  
Sat 9am - 1pm

or

Email or fax your  
referral letter  
**E Privategpservice@  
bmihealthcare.co.uk**

**F 0161 266 4145  
or 0141 300 2302**

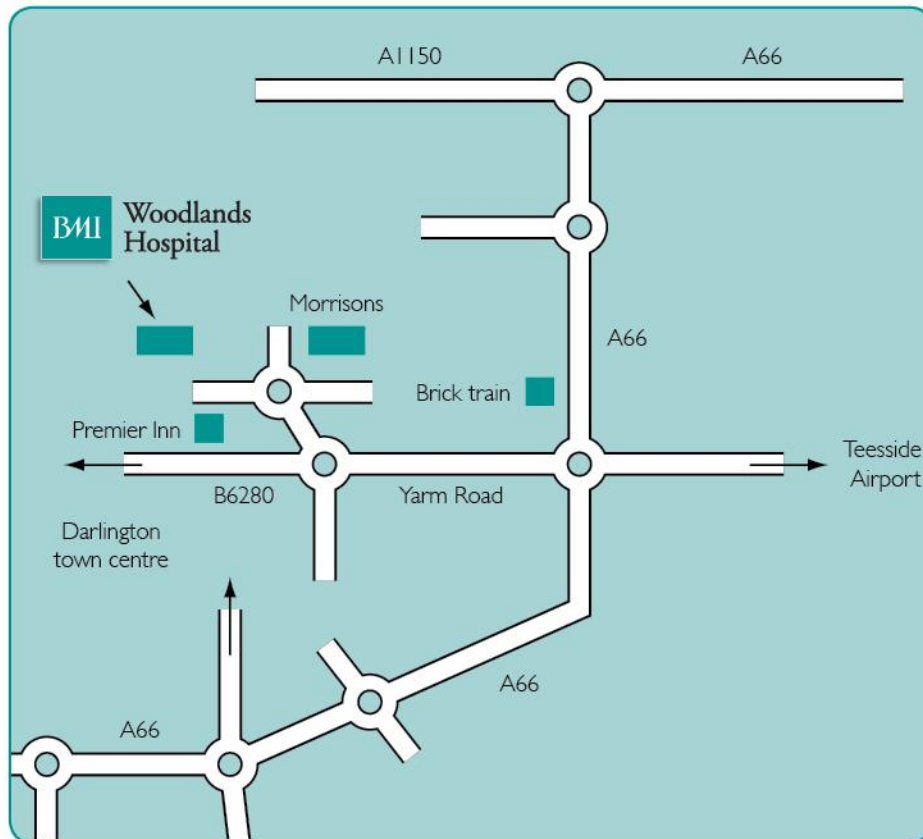
\* This is a professional only line.





# Notes

**BMI Woodlands Hospital**  
Morton Park, Darlington,  
County Durham DL1 4P  
T 01325 341700 F 01325 341701



For more information please call  
**01325 341700**  
[www.bmihealthcare.co.uk/woodlands](http://www.bmihealthcare.co.uk/woodlands)