

MEN'S CANCER AWARENESS

Know The Signs and Symptoms

Prostate cancer signs and symptoms include*:



The **sudden urge** to have to empty your **bladder**



Difficulty emptying your **bladder**



Weaker flow whilst emptying your **bladder**



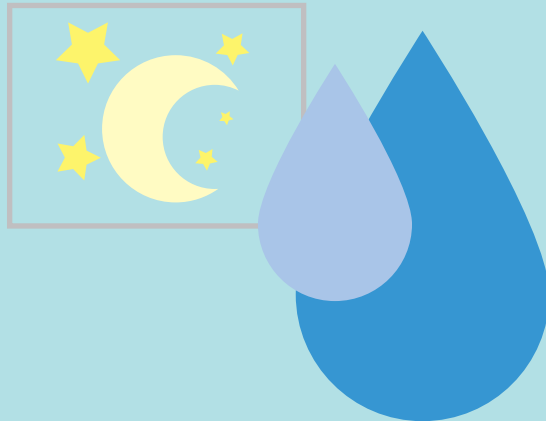
Difficulty getting an **erection**



Leaking after passing **urine**



Blood in **urine** or **semen**



Having to **pass urine** more **frequently** (including during the night)

*Cancerresearchuk.org/about-cancer/prostate-cancer/symptoms - Data accessed October 2017

Testicular cancer signs and symptoms include**:



A **lump** or **swelling** in part of one **testicle**. It can be as small as a **pea** but may be much **larger**



Your **scrotum** may **feel heavy**



Discomfort or a **sharp pain** in a **testicle** or the **scrotum**

If you have noticed any changes or are concerned, you should seek a medical opinion. Don't put it off, stay on top of your health and be cancer aware.

**Cancerresearchuk.org/about-cancer/testicular-cancer/symptoms - Data accessed October 2017

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Passionate about care.**

For more information or to arrange a consultation call us on

0800 157 7747

bmihealthcare.co.uk/mens-cancer-awareness