

IMAGING



TAKING A DETAILED LOOK AT YOU

Osteoporosis Screening

OSTEOPOROSIS

Are you worried about osteoporosis?

As we get older our bones naturally become less dense. This can lead to osteoporosis, a condition where the bones become fragile and are more likely to break.



WHAT IS OSTEOPOROSIS?

Osteoporosis is a condition resulting in fragile bones that are prone to fracture, usually in the hip, wrist and spine. It affects us as we get older with one in two women and one in five men in the UK suffering a broken bone after the age of 50 due to osteoporosis.*

Osteoporosis usually has no symptoms. In most cases the first sign of the disease is a fracture or broken bone after a minor bump or fall.

BMI Healthcare osteoporosis screening aims to find out if you have osteoporosis or if you are at risk of developing it. Steps can then be taken to help slow its development, or to manage the condition if you already have it.

If diagnosed, osteoporosis can often be managed successfully, allowing you to maintain your active lifestyle.

BMI Healthcare osteoporosis screening uses a DEXA scan to measure the density of your bones, which is widely recognised as the best way to identify early signs of osteoporosis. The results of your BMI Healthcare osteoporosis screen will give your GP the information they need to help you develop an appropriate prevention or treatment plan for you.

MAKING AN APPOINTMENT

Our helpline advisor will be able to make an appointment for you at your chosen BMI Healthcare hospital. They will then send you all the necessary details confirming the date and time, together with a map and any other information you need. You can make an appointment for a DEXA scan directly at a BMI Healthcare hospital local to you, or ask your GP to refer you if you would prefer. There are no long waiting lists and appointments can be arranged at times to suit you.

BMI Healthcare osteoporosis screening cost ranges from £99.00 -£155.00 for your DEXA scan and interpretation by a consultant. However, if further diagnostic tests and treatment are required then the cost for this will be quoted separately.

If you are insured you may still enjoy the benefits of treatment in a BMI Healthcare hospital, although you will need to initially contact your insurance company to ensure you are covered for screening.

Your osteoporosis screen will be carried out by a trained technician in a BMI Healthcare hospital. Before undertaking your DEXA scan, your technician will discuss any concerns you may have and ask questions about your lifestyle, your medical and family history.

The scan takes just a few minutes for each part of your body, and your whole osteoporosis screening appointment should take 30 to 45 minutes.

The results of your scan will be sent to a consultant within the hospital for evaluation. The consultant will send the results and a written interpretation to your GP together with advice on whether further investigation or treatment is required.

*The National Osteoporosis Society

For more information

Contact Osteoporosis Medical Team

Call 0808 101 0341

Email info@bmihealthcare.co.uk



YOUR LOCAL BMI HEALTHCARE HOSPITAL

SPREAD THE COST USING THE BMI CARD[†]



Think you can't afford to go private?
With BMI Healthcare you can.

Spread the cost of your treatment with 12 months' interest free credit – representative 9.9% APR (variable) thereafter.

Choose a credit limit that suits your circumstances up to £20,000 (subject to status) and use as often as you need to. Safe in the knowledge you'll enjoy 12 months' interest free credit every time you make a purchase.

For more information, full terms and conditions or to apply, you can call us on **0161 216 2500** (select option 1 and then option 2), visit us at www.bmihealthcare.co.uk/bmicard or speak to us at your local BMI Healthcare hospital.

[†]BMI Card is a credit facility offered by BMI Healthcare Limited, BMI Healthcare House, 3 Paris Garden, London, SE1 8ND. 0% interest for 12 months then 0.79% per month, representative 9.9% APR variable. Up to £20,000 available (subject to status). Monthly repayment 5% of balance or £25 whichever is greater or balance if lower than £25.