

WEIGHT LOSS



SPECIALIST BARIATRIC PROCEDURES

We know losing weight can be a difficult challenge, so if diets or other regimes just aren't working, surgery could be the answer. At BMI Healthcare we have dedicated bariatric (weight-loss) teams, including accredited consultants, dieticians and nurses who will look after you from assessment and surgery to follow-up and aftercare in a safe hospital environment. We'll even put you in touch with a patient support group to help give you confidence after surgery.

It's **the little things** that make the difference.



IS SURGERY FOR YOU?

From the very beginning we offer support and advice to help you make the right decision. We offer an initial assessment to establish your suitability for surgery and discuss all the options with you. You can ask questions and find out if surgery really is the answer for you.

THE PROCEDURES

Your next step is a consultation with your surgeon, who will establish the most suitable type of surgery for you. We offer the following weight loss treatments:

- Gastric band surgery
- Gastric bypass surgery
- Gastric sleeve surgery
- Intra-gastric balloon programme.

FEEL CONFIDENT

Your experienced specialist surgeon will be with you throughout your treatment, supported by a team of professional nursing staff, clinicians and dieticians.

This high degree of care will be provided in a clean and comfortable environment, with the facilities you would expect from the UK's largest private hospital group.

WE WILL LOOK AFTER YOU

We see surgery as just the beginning. The care you receive after surgery is critical to the success of your operation and to your own wellbeing. That's why we provide an extensive aftercare programme which includes:

- Ongoing consultations with your surgeon
- Ongoing personal support with a dietician
- Patient support groups.

We are here to help you achieve your goals and stay healthy while you lose weight.

INCLUSIVE PACKAGES

To make every part of your weight loss journey as simple as possible, we keep the cost of treatment at a fixed price. This includes your initial consultations, surgery and a full year's aftercare package. You know the cost of your treatment right from the start, with no hidden extras.

For more information

| | |
|---------|------------------------------------------------------------------------|
| Contact | Weight Loss Medical Team |
| Call | 0808 101 0341 |
| Email | info@bmihealthcare.co.uk |

PATIENT SUPPORT GROUPS

The value of meeting other people who share a common interest with you is demonstrated in all aspects of life, even more so when it relates to a health matter. It's reassuring to meet others who've gone through the same experience as you, to share and learn from each other.

At BMI Healthcare, we believe that patient support groups are an essential part of our obesity surgery programme and we work closely with BOSPA (British Obesity Surgery Patients Association) www.bospauk.org to establish and run a national network of patient support groups at our hospitals. These are run in addition to the one- to- one dietician care you receive for the first year after your surgery.

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YOUR LOCAL BMI HEALTHCARE HOSPITAL

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Spread the cost of your treatment with 12 months' interest free credit – representative 9.9% APR (variable) thereafter.

Choose a credit limit that suits your circumstances up to £20,000 (subject to status) and use as often as you need to. Safe in the knowledge you'll enjoy 12 months' interest free credit every time you make a purchase.

For more information, full terms and conditions or to apply, you can call us on **0161 216 2500** (select option 1 and then option 2), visit us at **www.bmihealthcare.co.uk/bmicard** or speak to us at your local BMI Healthcare hospital.

[†]BMI Card is a credit facility offered by BMI Healthcare Limited, BMI Healthcare House, 3 Paris Garden, London, SE1 8ND. 0% interest for 12 months then 0.79% per month, representative 9.9% APR variable. Up to £20,000 available (subject to status). Monthly repayment 5% of balance or £25 whichever is greater or balance if lower than £25.