



# DIRECTORY OF CONSULTANTS 2020

BMI Albyn Hospital

## BMI ALBYN HOSPITAL

is part of BMI Healthcare, the UK's largest provider of independent healthcare\*



At BMI Healthcare, we have 54 hospitals and healthcare facilities nationwide.

Throughout these locations, we treat more than 300,000 patients and manage over one and a half million outpatient visits every year, offering a wealth of experience, highly complex surgery, a patient-centred approach and access to highly specialised consultants.

- ✓ Full Orthopaedic service offering robotics assisted joint replacements and bespoke knee implants
- ✓ 3 operating theatres, 2 with laminar flow ultra clean air system
- ✓ 28 private rooms with en-suite facilities, a nurse call system, TV and free Wifi
- ✓ 15 consulting rooms, minor operations and treatment room
- ✓ Imaging department including CT and Cardiac CT, MRI, X-ray, ultrasound, mammography and interventional/screening procedures
- ✓ Physiotherapy including women's health clinic, sports injury clinic, pilates and shock wave therapy
- ✓ Additional support services available on site include Laboratory, Pharmacy & Audiology
- ✓ Private GP consultations, Health Assessments, Medicals, Travel clinic, Psychiatry and clinical Psychology

BMI Healthcare is proud of its consistently low hospital infection rates for MRSA bacteraemia and Clostridium difficile. This is achieved by a carefully planned regime of rigorous infection prevention policies, surveillance, training and exceptionally high standards of cleaning.

\*Based on the number of hospitals/treatment centres within the UK - Sep 2019. \*\*Expectation figures based on patients rating 'met/exceeded' of a sample of 667 and Nursing figures based on patients rating 'excellent/very satisfied' of a sample of 686 completing a questionnaire Oct 2018 - Sep 2019. \*\*\*Overall quality of care score based on patients rating 'very good' or 'excellent' of a sample of 3,415 completing a questionnaire Oct 2018 - Sep 2019. \*\*\*\*Friends and family recommendation figures based on 3,491 patients saying that they are 'extremely likely/likely' to recommend the hospital to friends and family over the period Oct 2018 - Sep 2019. Questionnaires are analysed by Quality Health, an independent survey provider.

Expectations

96%  
met\*\*

Nursing care

92.3%  
satisfaction\*\*

Overall quality

97.9%  
of care satisfaction\*\*\*

97.7% of our patients say that they would recommend the hospital to friends and family\*\*\*\*

BREAST SURGERY	
Mr E El-Seedawy	Breast surgery including pathology/cancer, laparoscopic gall bladder, hernia, endoscopy.
Professor S Heys	Benign and malignant breast disorders.
Mr Y Masannat	Benign breast disorders, breast cancer, oncoplastic breast surgery, therapeutic mammoplasty, breast reconstruction, correction of breast defects following cancer surgery, lipomodelling of breast, breast symmetrisation surgery following surgery.
CARDIOLOGY	
Dr P Broadhurst	General cardiology, rhythm disturbances of the heart, coronary artery disease, electrophysiologist.
Dr A Hannah	General cardiology, heart failure, percutaneous coronary intervention.
Dr D Hogg	General cardiology and coronary intervention.
Dr K Jennings	General cardiology
Dr M Metcalfe	General cardiology
Dr A Stewart	General adult cardiology, interventional cardiology.
CLINICAL PSYCHOLOGY	
Dr L Forrester	Psychological trauma/PTSD, chronic pain, psychological medicine, health anxiety/somatisation, medically unexplained/functional disorders, mood disturbances.
Dr L Gibson	Bipolar, PTSD, anxiety, depression, mood disturbances, eating disorders, grief, stress, chronic pain, autism, physcosexual, CBT, EMDR, motivational interviewing.
DERMATOLOGY	
Dr A Affleck	Dermatology consultations, skin patch testing, management of skin cancer.
Professor C Fleming	Skin cancer, skin surgery and general dermatology.
Dr J Hewitt	General dermatology, paediatric dermatology.
Dr S Rajpara	Skin cancer, dermosurgery, mohs surgery, general dermatology, patch testing and contact dermatitis, botox and fillers.
DIETETICS	
Mrs M Dow	Dietician, bariatrics, food mapping.
Mrs S Hamilton	IBS, IBD, coeliac disease, food allergy, malnutrition (specifically IBS clinic)
EAR NOSE & THROAT (ENT)	
Professor K Ah-See	General adult and children's ENT problems, allergy, throat and voice problems, salivary gland conditions, neck lumps, thyroid conditions.
Mr C Brewis	Hearing loss, tinnitus, vertigo, ear infections, eustachian tube dysfunction, middle ear surgery, Paediatric ENT.
Mr A Hussain	General ENT, head and neck reconstructive surgery.
Miss S Maini	Ear, nose, throat surgery, ear problems - ear discharge, hearing, tinnitus balance disorders, eustachian tube problems, nose and sinus disorders, children's ENT disorders, voice problems, facial pain management, reflux, botox for migraines, snoring.
Mr B Ram	General ENT, rhinology, rhinoplasty, sinus surgery, allergy, otology/masoid/staples surgery, paediatric ENT surgery, chronic cough specialist, facial pain specialist.
Mr M Shakeel	General ENT and thyroid.
Mr D Veitch	General paediatric ENT surgery, rhinosinusitis, functional endoscopic sinus surgery, otology.
GP	
Dr J Johnston	Associate specialist in women's health.
Dr S Rahman	Private GP consultations, Health assessments, OGUK medicals.
Dr S Raza	Private GP consultations, health assessments, occupational health consultations, OGUK medicals.



## Gastroenterology

Whether your patients need an investigation or on-going management, our specialist team can help with all gastro related issues, relating to the oesophagus, stomach, small intestine, gallbladder and liver.

Additional specialist Gastroenterology services include:

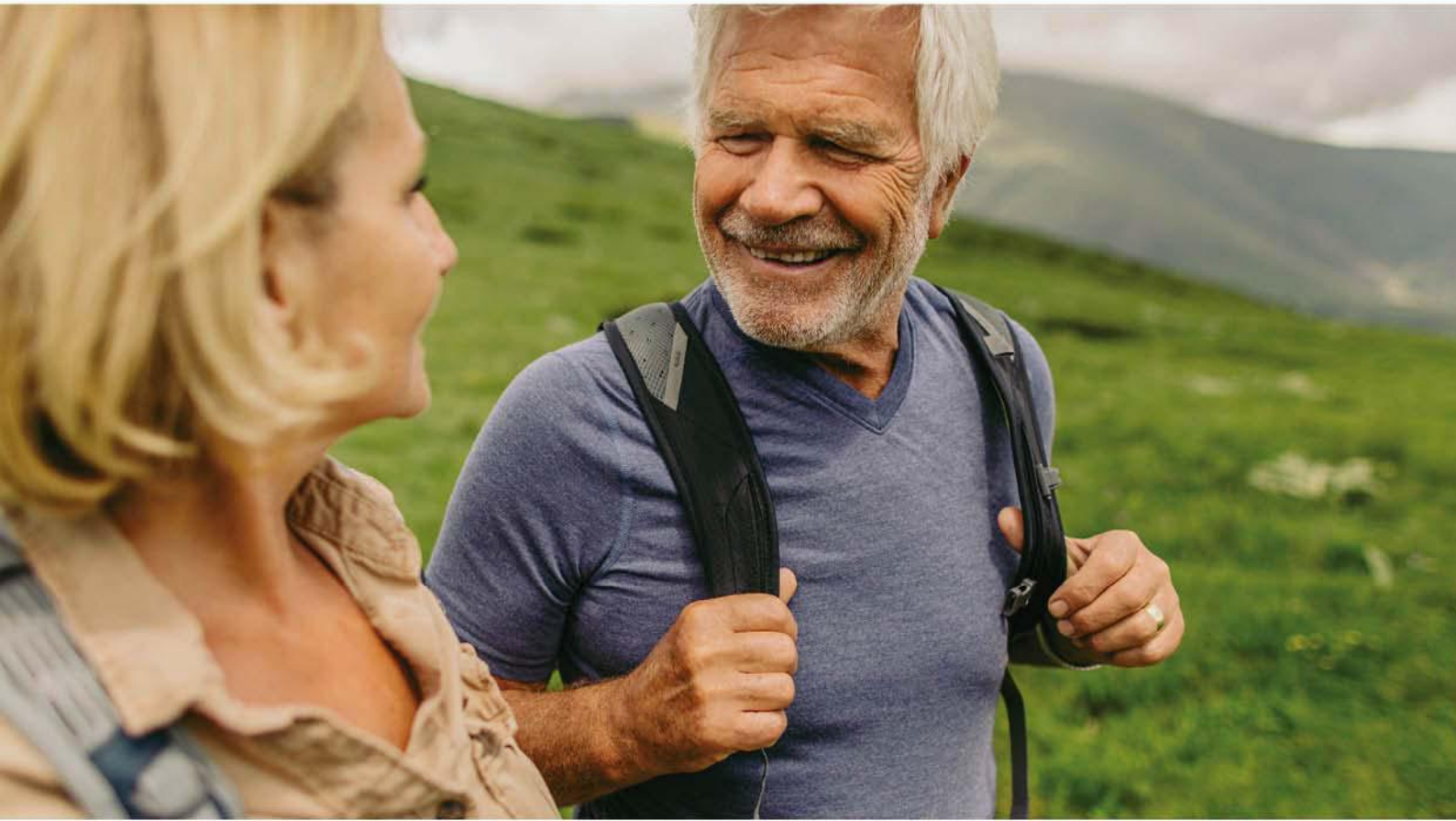
- A fast-access bowel screening service for patients who have a positive faecal immunochemical test (FIT).
- A new one stop Irritable Bowel Syndrome clinic that aims to provide a rapid, thorough assessment of patients with suspected IBS.

For more information call

**01224 577400**

GASTROENTEROLOGY	
Dr U Basavaraju	Advanced endoscopy, Inflammatory Bowel Disease, Irritable Bowel Syndrome & bowel cancer screening.
Dr A Mukhopadhyaya	General gastroenterology, hepatology, advanced endoscopy, portal hypertension and cirrhosis.
Dr M Smith	Inflammatory bowel disease, irritable bowel syndrome, dyspepsia and reflux, endoscopy and colonoscopy, ERCP, investigation of anaemia. Investigation and management of altered bowel habit, weight loss, abdominal pain/bloating, swallowing difficulties.
Dr B Vijayan	General gastroenterology, hepatology and endoscopy.
GENERAL MEDICINE	
Dr S Rochow	Movement disorders, unexplained falls/syncope, headaches/fatigue, testosterone deficiency syndrome.
GENERAL SURGERY	
Professor I Ahmed	Gallbladder, liver and pancreatic laparoscopic surgery.
Mr B Alkari	Biliary, pancreatic and hepatic disease, laparoscopic surgery.
Mr E Aly	Laparoscopic and open colorectal surgery, anorectal conditions (complex perianal fistula & haemorrhoids) and pilonidal sinus, general surgery, gall bladder surgery, hernia surgery.
Mr S Aspinall	Thyroid, abdo hernia, gallbladder, lipomas and cysts.
Mr N Binnie	Coloproctology, laparoscopic surgery.
Professor D Bruce	Bariatric surgery, nutritional surgery, weight loss surgery, gastric bands, gastric bypass, gastric balloon anti-reflux surgery, laparoscopic surgery, gastroparesis, hernia surgery, upper gastro-intestinal surgery, achalasia.
Mr E El-Seedawy	Breast surgery including pathology/cancer, laparoscopic gall bladder, hernia, endoscopy.
Mr M Habib	Biliary, pancreatic and hepatic disease, laparoscopic surgery.
Mr M Kumar	Abdominal/groin hernias, laparoscopic and open cholecystectomy, biliary pathology, benign upper GI conditions including gastro oesophageal reflux disease, pilonidal sinus/abscess, lipoma.
Mr M Loudon	General surgery, ad hoc.
Ms A McKinley	Colorectal surgery, colorectal cancer, inflammatory bowel disease, functional bowel disease, faecal incontinence, laparoscopic surgery.
Mr S Nanthakumaran	Bariatric and general surgery, upper GI, gallbladder, reflux, hernia.
Mr A Qadir	Laparoscopic gall bladder surgery, lap hernia surgery, gastro oesophageal reflux disease including anti-reflux surgery, diagnostic/therapeutic endoscopy inc upper GI endoscopy, colonoscopy, endoscopic ultrasound scans.
Ms S Shaikh	Colorectal and general surgery.
Ms L Stevenson	Colorectal and general surgery, laparoscopic procedures.
GYNAECOLOGY	
Dr P Ashok (F)	General gynaecology, menstrual disturbance, pelvic pain, prolapse, fibroids, ovarian cysts, endometriosis, vaginal surgery, post menopausal problems.
Professor K Cooper (M)	Laparoscopic and hysteroscopic surgery, urogynaecology, pelvic floor surgery, urinary incontinence, endometriosis, menstrual disorders.
Dr M Gurumurthy (F)	Colposcopy, vulval conditions (benign and malignant), suspected malignancy of female genital tract, laparoscopic procedures and counselling and management of women with family history of breast and ovarian cancer.
Dr L Saraswat (F)	Laparoscopic surgery, endometriosis and pelvic pain, menstrual disorders, fibroids and ovarian cysts, pelvic organ prolapse, post menopausal bleeding and other problems and other general gynaecology conditions.
MAXILLO FACIAL SURGERY	
Mr T Lowe	General oral/maxillofacial surgery, head and neck reconstruction, salivary glands.
Mr S Mahmood	Dento-alveolar surgery, facial injuries, salivary gland surgery, oral cancer, head and neck region skin surgery including melanoma/ skin cancer, facial aesthetic surgery and treatments.
Mr R Morrison	Dentoalveolar surgery, facial trauma, temporomandibular joint disorders, facial deformity, orthognathic surgery.
Mr M Ryan	Dentoalveolar surgery, surgical orthodontics, oral medicine.

NEUROSURGERY	
Mr P Bhatt	General neurosurgery, spinal surgery.
Mr J Walkden	General neurosurgery, spinal surgery, CFF disorders, CFF leak, chiari malformation.
ONCOLOGY	
Dr R Sharma	Oncology, breast and skin.
Dr A Shaukat	Colorectal oncology. (starting March 2020)
OPHTHALMOLOGY	
Mr S Bhatta	General ophthalmology, complex glaucoma and cataract.
Mr V Hegde	Cataract, vitreoretinal, high risk cataract surgeries and managing complications of cataract surgery.
Mr A Reddy	Cataract surgery, refractive lens exchange, corneal surgery, eyelid and lacrimal surgery, squint management.
Mr C Scott	General ophthalmology, paediatric ophthalmology, cataract surgery including complex cataract surgery, multifocal and toric IOLs, strabismus surgery, glaucoma, dry and watery eyes, lid abnormalities, neuro.
ORTHOPAEDIC	
Mr G Ashcroft	Hip and athroscopic surgery, robotics assisted hip replacement, hands.
Mr S Barker (Scott)	Arthroscopic rotator cuff repair, arthroscopic stabilisation, open stabilisation - Laterjet, shoulder replacement, reverse shoulder replacement, hip and knee replacement inc robotics assisted, knee arthroscopy, elbow, wrist and hand surgery.
Mr S Barker (Simon)	Paediatric orthopaedic surgery, knees and back.
Mr J Bidwell	Knee arthroscopy, knee soft tissue reconstruction, knee replacement, knee replacement with bespoke knee implant, hip replacement, foot and ankle surgery, general orthopaedics.
Mr D Boddie	Lower limb, hip, bespoke knee implant, bone & soft tissue tumours, carpal tunnel, bunions, hand surgery.
Mr D Cairns	Upper limb, specialising in arthroscopic management of frozen shoulder, impingement, rotator cuff problems, instability and sports injuries, shoulder replacement surgery, other interests include elbow and hand surgery.
Mr R Duthie	General orthopaedic surgery, robotics assisted hip and knee replacement, lower limb arthroplasty, hand surgery.
Mr S Hamilton	Soft tissue knee and ligament reconstruction surgery, hip and knee joint replacement surgery, robotics assisted hip and knee replacement, forefoot surgery, general orthopaedics, post-traumatic reconstruction.
Mr A Johnstone	Hand, wrist, elbow and shoulder surgery, trauma surgery.
Mr K Khan	Shoulder surgery including arthroscopy and arthroplasty, elbow surgery, upper limb surgery.
Mr K Kumar	Upper limb, shoulder and elbow surgery.
Mr D Lawrie	Hand and wrist surgery.
Mr W Ledingham	Hip and knee replacement surgery, knee arthroscopy, foot and ankle surgery, general orthopaedics, surgical treatment of patients with rheumatoid arthritis.
Ms L McCullough	Orthopaedic oncology, trauma orthopaedics and sports injuries.
Ms R Miller	Foot and ankle surgery - minimally invasive procedures, bunions, hammer toes, ankle instability and fore foot issues.
Mr M Mitchell	Hip and knee replacement inc revision surgery and robotics assisted hip and knee replacement, soft tissue knee surgery, sports injuries and general adult trauma.
Mr S Roberts	Foot and ankle surgery.
Mr I Stevenson	Knees and lower limbs (no complex feet and ankle), general ortho-hips, sports injuries, carpal tunnel, ACL and bunions, bespoke implant for knee replacement.
ORTHOPAEDIC SPINAL	
Mr A Frost	Spinal surgery, low back problems - sciatica, disc prolapse, spinal stenosis, deformity, back pain, osteoporotic fracture, minimally invasive surgery (keyhole) - TLIF, spinal fusion, extreme lateral approaches, neck problems.



## Orthopaedics

The level of expertise and technologies provided at Albyn makes the hospital a centre of excellence and innovation within the field of Orthopaedics. Technologies such as robotic-arm assisted hip and knee replacement and bespoke knee implants can offer your patients a personalised surgical treatment plan.

Our Orthopaedic service specialises in a range of conditions in the following areas:

- Shoulder
- Elbow
- Hand and wrist
- Back
- Hip
- Knee
- Foot and ankle

For more information call

**01224 577400**



## Cardiology

BMI Albyn Hospital has a dedicated cardiology service that provides a range of non-invasive diagnostic tests. Albyn works closely with a number of highly experienced Consultant Cardiologists in order to offer planned or rapid access to cardiology services for patients with suspected or known heart problems.

Conditions managed include:

- Angina and heart attacks
- Heart rhythm problems
- Valve disease
- Heart failure
- Heart disease risk factor management e.g. cholesterol
- Hypertension

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PAEDIATRIC SURGERY	
Mr C Driver	Paediatric surgery, paediatric urology.
Mr Y Patel	Paediatric surgery, upper and lower GI, constipation, chest wall deformities.
PAEDIATRICS	
Dr E Stephen	General paediatrics, neurology, constipation, epilepsy, reflux and neurodevelopment.
PAIN MANAGEMENT	
Dr S Kanakarajan	Back & neck pain, nerve pain affecting leg, epidural steroid injection, radiofrequency for facet joint injection, sacro-iliac joint pain, ultrasound guided nerve blocks for abdominal wall pain, neuropathic pain conditions & neuromodulation.
Dr R Nagaraja	Pain management, diagnostic blocks, epidurals.
PLASTIC SURGERY	
Mr A Athanassopoulos	General reconstructive surgery, skin cancer, liposuction, facial botox/fillers, facelifts, eyelid surgery and brow lifts.
Mr I Depasquale	Reconstructive breast surgery, malignant melanoma, aesthetic surgery particularly breast and abdomen.
Mr P Kolhe	Reconstructive/aesthetic surgery, breast augmentation, reduction, uplift, augmentation-mastopexy, eyelid, facelift, head and neck surgery, benign/malignant skin lesions, reconstruction, abdominoplasty, labiaplasty, rhinoplasty.
Mr K Rahman	General plastic reconstructive surgery, skin lesions, fillers & botox, breast, neck and abdominal surgery.
PSYCHIATRY	
Dr O Runcie	Sleep disorders, CBT, insomnia, general psychiatry/mental health. (No under 18s)
RADIOLOGY	
Dr S Arcot Ragupathy	CT, head and neck ultrasound, barium studies, urology.
Dr C Dick	Musculoskeletal, neurology.
Dr K Duncan	Paediatrics, breast and gynaecology, general ultrasound.
Dr G Lip	Breast, CT sinuses, Neck, GI, Barium Studies.
Dr D McAteer	Gastro-intestinal, head and neck radiology.
Dr E Ramage	GI, gynaecology.
Dr D Reynolds	Musculoskeletal
Dr P Thorpe	Musculoskeletal
Dr S Wilkie	Musculoskeletal, cardiac, chest.
Dr B Winter	Musculoskeletal
RENAL MEDICINE	
Dr I Khan	All renal conditions.
RESPIRATORY MEDICINE (THORACIC MEDICINE)	
Dr M Chetty	Asthma, COPD, bronchiectasis, lung cancer; pleural disease, sleep disorders/apnoea.
Dr O Dempsey	Cough, asthma, chronic obstructive pulmonary disease, bronchiectasis, cystic fibrosis, interstitial lung diseases including sarcoidosis and pulmonary fibrosis, lung cancer.
RHEUMATOLOGY	
Professor D Reid	Osteoporosis, interpretation of DEXA scan.
Dr H Youssef	General rheumatology.

UROLOGY	
Mr N Cohen	General urology, endourology, stone disease, laparoscopic surgery and renal cancer.
Mr T Lam	General urology, prostate/kidney cancer, urinary tract symptoms and infections.
Mr S Mishriki	Prostate, bladder.
Professor J N'Dow	Penile conditions, penile and urethral reconstructive surgery, circumcision, cystoscopy, benign scrotal lumps, vasectomy, general urology and female urology problems.
Ms J Royle	Urological cancer, photodynamic diagnosis (blue light) cystoscopy in bladder cancer.
Mr S Swami	Female urology, uro-oncology, reconstructive urology, male sexual dysfunction, infertility, incontinence and general urology, advice on ultrasound, CT scan, MRI, Nuclear Medicine and urodynamics.
VASCULAR SURGERY	
Mr P Bachoo	Venous disease, aneurysm, peripheral arterial disease, stroke, diabetic foot disease, ulcer disease.
Mr M Sharp	Varicose vein surgery, endovenous ablation, VNUS, foam sclerotherapy, vascular access surgery, arterial surgery, aneurysm surgery, carotid surgery, leg ulceration.
WEIGHT LOSS SURGERY	
Professor D Bruce	Bariatric surgery, nutritional surgery, weight loss surgery, gastric bands, gastric bypass, gastric balloon anti-reflux surgery, laparoscopic surgery, gastroparesis, hernia surgery, upper gastro-intestinal surgery, achalasia.
Mr S Nanthakumaran	Bariatric and general surgery, upper GI, gallbladder, reflux, hernia.



## Refer your private patients to BMI Albyn Hospital via SCI Gateway

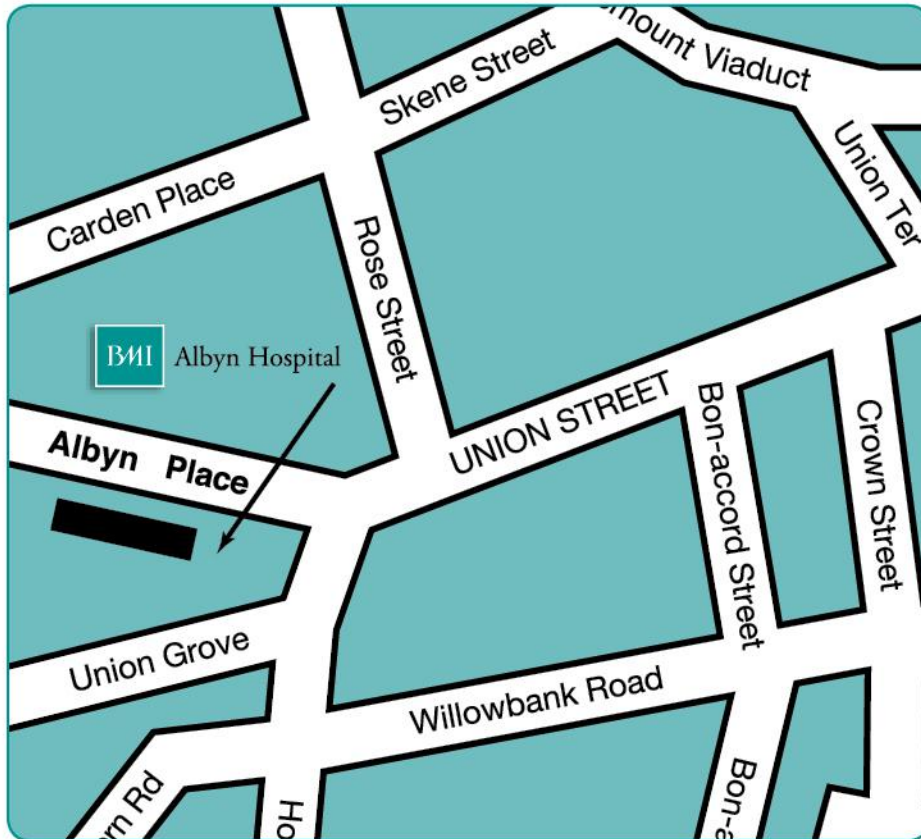
1. Select 'Grampian'
2. Choose 'Albyn Hospital' as the destination
3. Indicate the specialty required

**T 01224 577400 F 01224 584797**

[gpreferrals\\_albyn@bmihealthcare.co.uk](mailto:gpreferrals_albyn@bmihealthcare.co.uk)  
[www.bmihealthcare.co.uk/albyn](http://www.bmihealthcare.co.uk/albyn)

BMI Albyn Hospital  
21-24 Albyn Place,  
Aberdeen AB10 1RW

T 01224 577400 F 01224 584797



For more information please call  
**01224 577400**  
[www.bmihealthcare.co.uk/albyn](http://www.bmihealthcare.co.uk/albyn)

